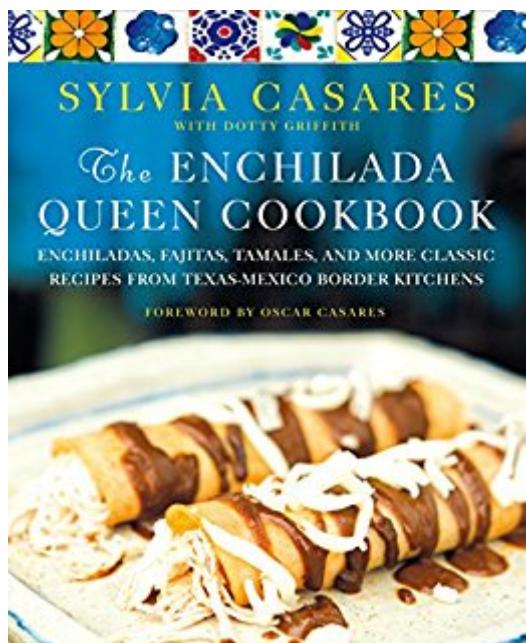


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# The Enchilada Queen Cookbook: Enchiladas, Fajitas, Tamales, And More Classic Recipes From Texas-Mexico Border Kitchens



## **Synopsis**

Better than going out for Mexican food! Mexican foodâ "by which most of us mean Tex-Mexâ " is a favorite from Los Angeles to New York and everywhere in between. And the heart of great Tex-Mex cooking comes from home kitchens along the Rio Grande. In THE ENCHILADA QUEEN COOKBOOK, Sylvia Casares gives you the best of the best, including tricks and simple techniques to turn any dish from appetizing to amazing. Youâ™ll learn how to make her Holy Trinity spice paste; why you should use certain key shortcuts, such as chicken bouillon, in some dishes; and how to do her tortilla-changing Texas Two-Step marinating technique. And after youâ™ve picked your favorites from her 14 key sauces, youâ™ll make unbelievable food for a family or a crowd, including:--Cheese Enchiladas with Chili Gravy--Spinach Enchiladas with Salsa Verde--Shrimp Enchiladas with Salsa Veracruzano--Stewed Chicken Breast Enchiladas with Salsa MoleAnd the Enchilada Queen is an expert in more than just enchiladas. Here youâ™ll find appetizers, sides, breakfasts and desserts, such as:--Guacamole and Picamole--Kitchen Nachos--Gulf Coast Fish Tacos--Frontera Beef Fajitas--La Fonda Tortilla Soup--Arroz con Pollo--Huevos Rancheros--Refried Beans--Tamales with a variety of fillings--Sopapillas, Polvorones and BunuelosThe Perfect Margaritaâ™s here too, and so much more. In The Enchilada Queen Cookbook, youâ™ll get kitchen wisdom from a lifetime of learning recipes from madres and abuelas who make food specific to their border towns on the Rio Grande. Youâ™ll also get a resource for hundreds of family dinnersâ "and a party between covers!

## **Book Information**

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## Customer Reviews

Having grown up in South/Central Texas - and loving to cook - I've spent many hours preparing Mexican food for my family. I've read lots of cookbooks, but tend to cook 'on the fly' - and while my family appreciates my efforts, there were things that always frustrated me. For one, the amount of oil required for me to prepare a dozen tortillas for enchiladas - the amount always more than I felt necessary (as I want the oil to soften/seal the tortillas - not to be absorbed by them). Following Sylvia Casares' method for 'saucing' the tortillas makes perfect sense, and turns out great tortillas/enchiladas. Sylvia's cookbook explains exactly how her restaurants turn out the best enchiladas in Houston - day in and day out. Her recipes are exact, and perfect. I did read the cookbook, but am also actually following her recipes; they are just right. And she covers much more than enchiladas. Sylvia builds flavors - with delicious results. These meals require time and attention to detail, but imo all the best food does - and the results are worth every bit of effort!

As a son of Texas who grew up on both sides of the Rio Grande, I heartedly recommend this book of recipes and stories. I only wish I could find restaurants that knew how to prepare proper TexMex.

Just got this. This is a beautiful book! I've already tried 3 of her recipes and they're all fabulous! There's so much interesting, extra information included also. I really wish I lived in Houston so I could visit her restaurants.

Having these recipes makes me very happy! I'm from the Dallas area and have lived in California for ten years. One of my first priorities when I visit home is to eat Mexican food - TexMex. But that was only once a year. As many Texans know, that's not nearly enough. With Sylvia's book, I am able to create the basic recipes such as the chili gravies and sauces and salsas and can thereby have the flavors I crave as often as I want!! I've made three recipes and have been happy with them all! I'm sooo happy about this! I'm fairly creative in the kitchen, so when I read how strictly she lays out and

follows proportions, at first I thought yeah sure. But I gave it a try and I'm glad I did! The flavors are balanced and spot on! I Highly recommend if your palate has the same cravings as mine and if you appreciate the value of laying a delicious foundation! I rarely get to Houston, but look forward to going to one of her restaurants when I do!

I've taken a number of Sylvia's cooking classes and am very happy to have the recipes in a book with mouthwatering photos! I can't wait to expand my Tex-Mex cooking repertoire.

This is a great cookbook. I have already made several dishes from it and everything I have made has been so delicious. This is very much authentic mexican food.

Exceptional cookbook by Houston Chef Sylvia Casares, the 'Enchilada Queen.' But don't let the cookbook's title fool you. It includes everything you'll need to know about Tex-Mex foods from preparation to cooking, plus so much more! Chef Casares shares her South Texas heritage and history throughout, and tons of fantastic tips for how to prepare only the freshest and healthiest Mexican dishes.

I've had the most amazing time cooking the recipes from The Enchilada Queen cookbook! Being a descendant of great Mexican cooking (Lavios Restaurant) this books always brings me right back to home! Thank you Sylvia Casares!!

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